

Family Therapy



FAMILYCARE COUNSELING SOLUTIONS

Recovery Is Possible!

We believe successful treatment occurs with a partnership between the therapist, the child and his/her family. Our staff is trained in evidence-based therapies to address family relationship conflicts, trauma, reunification, parent coaching and conflict between guardian and child. Our various forms of therapies and programs will help children and families address and cope with past or current issues.

The child will have individual sessions and in addition, the child and parent/caregiver will have family sessions to understand the identified conflict and/or trauma, how it has impacted them, to develop coping strategies to build resiliency, and empower one another to have healthy and safe futures.

The child and guardian will work together using a trauma-focused model to process experiences or conflict, learn effective family communication skills, and better understand the disruption that traumatic experiences can have on daily life.

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Program Requirements
(Based on Level of Care)

- Child & Guardian participants in programming
- Help plan your treatment goals
- Keep your treatment team informed of progress



Program Information:

Trauma-Informed & Evidenced-Based Model

- Learn Essential Tools to Promote Healthy Family Relationships
- Find New Ways For You & Your Child to Work Together
- Psychoeducation on Your Child's Symptoms & Behaviors
- Improve Family Communication & Problem-Solving Skills
- Parent Coaching & Support
- Enhance Behavior Modification
- Maintain Emotional & Social Boundaries
- Access to a Care Coordinator for care coordination and linking you to community resources

KEEP YOUR RECOVERY FIRST
CALL US TODAY!

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